Conferences Description
This conference will bring researchers, educators, policy-makers, and providers from across disciplines together with members of the judiciary and those with lived experience. The primary aim is to share knowledge and experience, to advance the rights and highlight the needs of families striving to live well with parental mental health challenges. Related objectives include provision of an interactive forum to discuss common experiences, effective and evidence informed support and advocacy strategies, and contemporary, cutting edge, research.

Conference Objectives
Participants will have opportunity to explore two general theme areas:
• The challenges of parenting for adults with psychiatric disability or mental health concerns
• The impact and challenges for children & young people living in families with parental psychiatric disability or mental health concerns, including those associated with being a young carer

Themes and topics will include:
• Evidence informed supports and services for young people, parents and families
• The legislative/legal barriers parents confront in maintaining custody of their children including interactions with the child welfare system and family law courts
• Strategies for building trust and reducing stigma while supporting parents and children
• Information on how psychiatric disabilities and mental health concerns are experienced by parents and both their young and adult children
• Family recovery strategies for supporting families of various constellations and in a various stages of family life
• The use of technology-based platforms to provide information, training, education and support to parents and families
• Advocacy strategies for supporting families living with parental mental health challenges

Conference Format
This 2.5 day conference will begin with an evening of networking. For the remainder of the conference, presentations and panels will be held both on specific theme and cross theme areas. We will be providing opportunities through the conference for people to gather formally and informally to discuss issues of common concern.

Exhibits
If you are interested in exhibiting at the conference, please email katia.ipce@ubc.ca.

Sponsored by

Contact Information
WEBSITE interprofessional.ubc.ca
TEL +1.604.822.7524
EMAIL natalie.ipce@ubc.ca
Themes
The Organizing Committee is inviting interested people to submit abstracts for consideration in the two general theme areas of the conference:
• The challenges of parenting for adults with psychiatric disability or mental health concerns
• The impact and challenges for young people living in families with parental psychiatric disability or mental health concerns including those associated with being a young carer

Please visit our webpage for more information of the conference themes and possible presentation topics.

Types of Presentations

Lecture style
Each presentation will be 20 minutes in length followed by 10 minutes of discussion. Presentation will take place in 90 minute sessions. Each session will be comprised of three 30 minute presentations.

Workshops
There will be a limited number of 90 minute workshops. The workshops will focus on practice issues. Each workshop will allocate time for at least 20 minutes of discussion.

Interactive Poster Presentations
Posters will be presented in poster sessions grouped by subject. Each presenter will be a brief period of time to present the contents of their poster with each session. There will be an opportunity for session participants to discuss the issues raised by the poster presenters.

Submission Guidelines
Please submit on-line an abstract you would like to contribute for a concurrent session. Please allow a minimum of 25% of the presentation time for discussion and interaction between presenter(s) and their audience.

The abstract must be submitted by online electronic submission at interprofessional.ubc.ca

DEADLINE FOR SUBMISSIONS: SEPTEMBER 30, 2013
**Executive Committee**

**Katia Slezeneva**, Acting Associate Director, of Medicine at Dartmouth, Lebanon, NH, USA

**Dr. Jo Aldridge**, Advisory Committee

**Dr. Robert Lees**, R.Psych, Practice Analyst, Fraser Region, Ministry for Children and Family Development, Government of BC Associate Clinical Team Leader, Child and Youth Mental Health Team, Chilliwack, BC, Canada

**Dr. Joanne Nicholson**, Professor of Psychiatry and Licensed Psychologist Dartmouth Psychiatric Research Center, The Geisel School of Medicine at Dartmouth, Lebanon, NH, USA

**Toni Wolf**, Co-Chair, Executive Director, UBC Interprofessional Continuing Education, Vancouver, BC, Canada

**Dr. Grant Charles**, Associate Professor, School of Social Science, Loughborough University, UK.

**Dr. Grant Charles**, Associate Professor, School of Social Work, University of British Columbia, Vancouver, BC, Canada

**Christine Cooper**, Executive Director, Family and Community Services of Newfoundland and Labrador, St. John's, NL, Canada

**Dr. Adrian Falk**, Senior Staff Specialist, Child Youth & Family Mental Health Service, Sydney West Area Health Service, Sydney, NSW, Australia

**Dr. Brenda Gladstone**, Project Investigator, Child Health Evaluative Sciences, SickKids, Faculty of Nursing, University of Toronto, Toronto, ON, Canada

**Dr. Megan Kirshbaum**, Founder & Executive Director, Through the Looking Glass, Co-Director, The National Center for Parents with Disabilities & their Families, Berkeley, CA, USA

**Dr. Darryl Maybery**, Associate Director – Monash University Department of Rural and Indigenous Health and Associate Professor, Monash University, Victoria, Australia

**Dr. Elaine Mordoch**, Assistant Professor, Faculty of Nursing, University of Manitoba, Winnipeg, MB, Canada

**Dr. Ron- Shor**, Head of the Specialization in Psychiatric Rehabilitation, School of Social Work and Social Welfare, The Hebrew University of Jerusalem, Israel

**Dr. Karin van Doesum**, Prevention psychologist, Senior-researcher Mental Health Center, MINDHIT, & Radboud University Nijmegen The Netherlands. Guest researcher at the University of Tromsø and Bergen, Norway.

**Dr. Torlief Ruud**, Head, Department for Research and Development, Division of Mental Health Services, Akershus University Hospital, Norway, and Professor, Clinic for Health Services Research and Psychiatry, Institute of Clinical Medicine, University of Oslo, Norway.

**Advisory Committee**

**Dr. Jo Aldridge**, Professor of Social Policy and Criminology and Director of the Young Carers Research Group, Department of Social Sciences, Loughborough University, UK.

**Dr. Grant Charles**, Associate Professor, School of Social Work, University of British Columbia, Vancouver, BC, Canada

**Christine Cooper**, Executive Director, Family Association for Mental Health Everywhere, Toronto, ON, Canada

**Dr. Adrian Falk**, Senior Staff Specialist, Child Youth & Family Mental Health Service, Sydney West Area Health Service, Sydney, NSW, Australia

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**The Fourth International Conference on Families with Parental Mental Health Challenges Planning Committee and UBC Interprofessional Continuing Education** are hosting the conference at the Ed Roberts Campus in Berkeley, California on April 25 – April 27, 2014

This conference brings together scholars, policy makers, members of the judiciary, educators, providers and those with lived experience to review the “state of the art” for advancing the rights and highlighting the needs of families striving to overcome barriers associated with parental mental health challenges. Participants will benefit from being part of an expanded network and will return to their own communities equipped with evidence based ideas for improving the lives of parents, infants, children and adolescents including young carers through advocacy, practice and research.

**The conference will explore:**

- The impact of parental psychiatric disability on children
- The impact of parenting and family life on adults with psychiatric disability
- Evidence based solutions for parents, children and families
- Interactions with the child welfare system
- The legislative/legal barriers parents confront in maintaining custody of their children
- The development and application of services for parents and children including effective tools that support families
- Strategies for building trust and reducing stigma while supporting and educating parents and their children
- Information on how psychiatric disabilities are experienced by parents and both their young and adult children
- The recovery path - a deeply personal, unique process of changing one’s attitudes, values, feelings, goals, skills and/or roles

The conference aims to gather 300 international participants at the Ed Roberts Campus - a national and international model dedicated to disability rights and universal access.

**Sponsorship Opportunities:**

UBC Interprofessional Continuing Education at the University of British Columbia is a not-for-profit organization and will require additional financial support to meet our conference objectives as well as to keep the registration fee low for all of our participants. We are inviting your organization to consider supporting this conference through sponsorship in the form of an unrestricted educational grant ranging from $5,000 to $15,000.

In return for your contribution, we will offer the following:

- A complimentary exhibit space
- Announcement of your organization’s support on the first morning of the conference
- Your organization’s name listed in the conference materials that all the delegates will receive at the conference
- Acknowledgment on the conference website with a logo and link to sponsor’s website
The marketing plan for the Fourth International Conference on Families with Parental Mental Health Challenges involves dissemination of conference marketing materials through various channels, such as direct mailing, email campaigns, web marketing and distribution at various professional conferences.

We have created a conference webpage (www.interprofessional.ubc.ca/MentalHealth2014) where potential participants can find the most up-to-date information about the event. The information about the conference is widely available online on numerous professional websites that address the subject of mental health in childhood and youth.

The conference brochure is scheduled to be released late fall – early winter of 2014. It will be disseminated reaching over 10,000 individuals. The brochure will also be displayed at various conferences targeting health professionals and consumers who would benefit from attending the Fourth International Conference on Families with Parental Mental Health Challenges.

The logo of your organization will be placed in the electronic version of the conference brochure. We will also list your organization in the conference syllabus that will be provided to all the participants at the conference.

Additional Information:
Please contact UBC Interprofessional Continuing Education, if you are interested in sponsoring the conference. Cheques should be made out to the University of British Columbia with indication that the funds are donated as an unrestricted educational grant for the Fourth International Conference on Families with Parental Mental Health Challenges 2014.

Should you have any questions, do not hesitate to contact Katia Selezenerva or conference co-chairs using the information provided below. We are ready to discuss the best way for your organization to collaborate with us on making the Fourth International Conference on Families with Parental Mental Health Challenges a success.

Katia Selezenerva  
Acting Associate Director  
UBC Interprofessional Continuing Education  
+1 604-822-0054  
katia.ipce@ubc.ca

Katy Kaplan  
Co-Chair  
Katy.Kaplan@temple.edu

Toni Wolf  
Co-Chair  
TWolf@employmentoptions.org

www.interprofessional.ubc.ca